

Is the Pacific sitting down to eat?

Healthy food policies in schools in 2021



A healthy food policy aims to ensure access to a balanced, varied and nutritious diet, particularly in schools. It encourages the consumption of fruit, vegetables, whole grains and water, while limiting foods that are too sweet, salty or fatty. These policies regulate school meals, authorised snacks and food sales at school. They also raise awareness among pupils about good eating habits from an early age. By creating a health-promoting environment, they help prevent obesity, improve concentration in class and enhance pupils' well-being. This is an essential lever for quality education and better public health.

Legend :



5 - 6 present with
medium to high
implementation strength



3 - 4 Present and
weak enforcement



1 - 2 not present
during development